



THE WESTWOOD



The Westwood,
Dangan, Upper Newcastle, Galway City.

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Menu

Good Morning...

Please avail of our side buffet for your favourite cereals, breads, juices & yoghurts.

FRESH JUICES

Orange, Tomato, Apple & Cranberry.

CEREALS

Cornflakes, Bran Flakes, Muesli, Special K, Weetabix, Rice Krispies.

FRUIT

Grapefruit Segments, Selection of Stewed & Fresh Fruits.

YOGHURTS

A Selection of Natural & Flavoured Yoghurts.

BREAD / PASTRIES

A Selection of Danish Pastries & Croissants with assortment of Preserves.
Homemade Brown Bread.

HOT BEVERAGES

A Selection of luxury Teas, freshly brewed regular & decaffeinated coffee.

“Never work before breakfast, if you have to work before breakfast, eat your breakfast first”

(Josh Billings - Henry Show) 1818 - 1855

Hot Breakfast Options ...

Please order with your server.

HOT OATMEAL PORRIDGE

Made with milk & cream
& served with strawberries & honey.

TRADITIONAL IRISH BREAKFAST

Grilled Bacon, Tomato, Sausages,
Black & White Pudding, Fried Mushrooms,
Choice of Fried, Scrambled or Poached Egg
or any combination of the above.

VEGETARIAN BREAKFAST

Hash Browns, Tomato, Beans,
Mushrooms, Sauté Potatoes.
Choice of Fried, Scrambled or Poached Egg,
or any combination of the above.

THE CONTINENTAL

Assorted Cold Meats & Sausage with
Farmhouse Cheeses served with Boiled Egg

FRESH FROM THE FARM

Two eggs boiled or poached to your liking.

THE FISH ALTERNATIVE

Grilled Fillet of Smoked Fish with
Scrambled Egg & Tomato.

SOMETHING SWEET

Warm Homemade Pancakes drizzled with
Maple Syrup & served on mixed fresh fruit.