



THE WESTWOOD



The Westwood,  
Dangan, Upper Newcastle, Galway City.

Tel: +353 (0) 91 521 442

Fax: +353 (0) 91 521 400

Email: [resmanager@westwoodhousehotel.com](mailto:resmanager@westwoodhousehotel.com)

Online: [www.westwoodhousehotel.com](http://www.westwoodhousehotel.com)

*Menu*

## *Good Morning...*

Please avail of our side buffet for your favourite cereals, breads, juices & yoghurts.

### FRESH JUICES

Orange, Tomato, Apple & Cranberry.

### CEREALS

Cornflakes, Bran Flakes, Muesli, Special K, Weetabix, Rice Krispies.

### FRUIT

Grapefruit Segments, Selection of Stewed & Fresh Fruits.

### YOGHURTS

A Selection of Natural & Flavoured Yoghurts.

### BREAD / PASTRIES

A Selection of Danish Pastries & Croissants with assortment of Preserves.  
Homemade Brown Bread.

### HOT BEVERAGES

A Selection of luxury Teas, freshly brewed regular & decaffeinated coffee.

*“Never work before breakfast, if you have to work before breakfast, eat your breakfast first”*

*(Josh Billings - Henry Show) 1818 - 1855*

## *Hot Breakfast Options ...*

Please order with your server.

### HOT OATMEAL PORRIDGE

Made with milk & cream  
& served with strawberries & honey.

### TRADITIONAL IRISH BREAKFAST

Grilled Bacon, Tomato, Sausages,  
Black & White Pudding, Fried Mushrooms,  
Choice of Fried, Scrambled or Poached Egg  
or any combination of the above.

### VEGETARIAN BREAKFAST

Hash Browns, Tomato, Beans,  
Mushrooms, Sauté Potatoes.  
Choice of Fried, Scrambled or Poached Egg,  
or any combination of the above.

### THE CONTINENTAL

Assorted Cold Meats & Sausage with  
Farmhouse Cheeses served with Boiled Egg

### FRESH FROM THE FARM

Two eggs boiled or poached to your liking.

### THE FISH ALTERNATIVE

Grilled Fillet of Smoked Fish with  
Scrambled Egg & Tomato.

### SOMETHING SWEET

Warm Homemade Pancakes drizzled with  
Maple Syrup & served on mixed fresh fruit.